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| **Club Name** | **Cardiff Flyers Trampoline Club** |
| **Venue Location** | Caerphilly Leisure Centre, Main hall |
| **Time of Sessions** | Saturdays 2pm |
| **Date of Last Assessment** | 18th June 2018 |

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| **Severity Rating** | **Likelihood Rating** | **Risk Rating** |
| 1. Negligible injuries 2. Minor injuries (may need first aid) 3. Major injuries 4. Single fatality 5. Multiple Fatalities 6. Extrem**e** | 1. Highly improbable 2. Possible 3. Occasional 4. Frequent 5. Repetitive 6. Certainty | Rating 1-6: Low, general precaution measures to be followed  Rating 7-11: Medium, follow precautions with extra care, if accident occurs, work on further resolutions  Rating 12-15: High, immediately find resolutions to minimise accidents  Rating 15+: Very High, do not proceed with activity until a safe solution is found |

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| **Category of potential hazard** | **People at risk** | **Potential concerns** | **Severity** | **Likelihood** | **Risk Rating** | **Action to be taken** | **Responsibility for implementing actions** |
| **Equipment** |  |  |  |  |  |  |  |
| **Trampoline** | Participants, coaches, spectators. | Wheeling around venue - Jammed wheels can lead to equipment tipping or falling, wheels can run over feet or other limbs, wheels do not have brakes so can roll unpredictably on uneven surfaces. Potential injuries: bruises, sprains, cuts, grazes, head injury or broken bones. | 2 | 2 | **4** | Movement of trampoline should only be carried out by qualified coaches or suitable trained and supervised participants. All equipment is inspected for safe use before using. Make sure equipment is maintained and serviced to an appropriate schedule. Footwear to be worn when moving equipment. | All trained club members and coaches. |
| Coaches and participants | Unfolding – hands and feet can be crushed in moving parts, springs and metal shards can cut or bruise, improper unfolding can lead to being hit by moving parts or dropping of trampoline. Potential injuries: bruises, sprains, cuts, grazes, head injury or broken bones. | 3 | 2 | **6** | Unfolding of trampoline should only be carried out by qualified coaches who have undergone suitable training and are demonstrably competent without supervision from other, more experienced coaches. All equipment is inspected for safe use before using. Make sure equipment is maintained and serviced to an appropriate schedule. Footwear to be worn when unfolding equipment. | All trained club coaches. |
| Coaches and participants | Refolding - hands and feet can be crushed in moving parts, springs and metal shards can cut or bruise, improper folding can lead to being hit by moving parts or dropping of trampoline. Potential injuries: bruises, sprains, cuts, grazes, head injury or broken bones. | 3 | 2 | **6** | Refolding of trampoline should only be carried out by qualified coaches who have undergone suitable training and are demonstrably competent without supervision from other, more experienced coaches. All equipment is inspected for safe use before using. Make sure equipment is maintained and serviced to an appropriate schedule. Footwear to be worn when refolding equipment. | All trained club coaches. |
| **Floor mats** | Participants, coaches, spectators. | Tripping hazard – Potential injuries: bruises, sprains, grazes, head injury or broken bones. | 2 | 3 | **6** | Ensure floor mats are laid out flat, no gaps between mats and that they don’t extend beyond the space they are needed in. No overlap of mats should occur, and condition of them must be checked when setting up to reduce risk. Alert those in attendance to location of mats as required. | All trained club members, coaches and officials. |
| **End decks** | Coaches and participants | Attaching to trampoline - hands and arms can be crushed in moving parts, dropping the end deck onto self or others, wheeling the end deck over feet or limbs, metal shards or unevenness can cut or bruise, fingers can be trapped between clamp and frame of trampoline, end deck can fall over if wheels don’t work or if not propped up and supported properly (unwheeled version). Potential injuries: bruises, sprains, cuts, grazes or broken bones. | 2 | 2 | **4** | Attachment of end decks should only be carried out by qualified coaches or suitable trained and supervised participants. All equipment is inspected for safe use before using. Make sure equipment is maintained and serviced to an appropriate schedule. Footwear to be worn when moving and attaching equipment | All trained club members and coaches. |
| Coaches and participants | Detaching from trampoline - hands and arms can be crushed in moving parts, dropping the end deck onto self or others, wheeling the end deck over feet or limbs, metal shards or unevenness can cut or bruise, fingers can be trapped between clamp and frame of trampoline, end deck can fall over if wheels don’t work or if not propped up and supported properly (unwheeled version). Potential injuries: bruises, sprains, cuts, grazes or broken bones. | 2 | 2 | **4** | Detachment of end decks should only be carried out by qualified coaches or suitable trained and supervised participants. All equipment is inspected for safe use before using. Make sure equipment is maintained and serviced to an appropriate schedule. Footwear to be worn when moving and attaching equipment | All trained club members and coaches. |
| Coaches and participants | Landing on during training – if improperly attached and secured additional weight may detach from trampoline frame and lead to participant/coach falling to the ground or against the trampoline frame/springs. If mat is not in good condition, grazes can occur from seams or bruises due to insufficient padding. Potential injuries: bruises, sprains, cuts, grazes, head injury or broken bones. | 2 | 3 | **6** | End deck attachment to trampoline frame should be robustly checked for safety before beginning sessions. Mats should be checked and repositioned after every contact by participants or coaches as required. Viability of mats for a safe landing should be assessed every session, and mats should not be used if they do not meet criteria. | All trained club members and coaches. |
| Coaches and participants | Exposure of end deck frame during session – this may lead to falls onto the end deck bringing the performer into contact with the solid metal frame of the deck instead of being cushioned by appropriate matting. Potential injuries: bruises, sprains, cuts, grazes, head injury and broken bones. | 3 | 2 | **6** | Crash mats should be checked and repositioned after every contact by participants or coaches as required. If they move during bouncing, the participant should be trained to come to a stop, and wait for repositioning to occur before continuing. | All trained club members and coaches. |
| Coaches and participants | Falling from end deck to floor - Potential injuries: bruises, sprains, grazes, head injury or broken bones. | 2 | 2 | **4** | Crash mats should be placed on floors beyond the end decks where possible. Skills likely to end in travel creating a risk of movement beyond the limit of the end deck should not be performed, or risk mitigated by directing the movement in a direction with the longest available landing space. | All trained club members and coaches. |
| **Crash mats** | Participants, coaches, spectators. | Tripping hazard – the edges of the mats can cause trips, or sliding when stepping onto those laid on the floor can lead to falls. Potential injuries: bruises, sprains, grazes, head injury or broken bones. | 2 | 3 | **6** | Ensure crash mats are laid out flat and that they don’t extend beyond the space they are needed in. No overlap of mats should occur, and condition of them must be checked when setting up to reduce risk. Mats used on end decks and between trampolines should have sloped edges where possible. Mats laid on the floor should be visible, and foot traffic across them discouraged. Alert those in attendance to location of mats as required. | All trained club members and coaches. |
| Participants, coaches, spectators. | Falling onto participants/coaches/spectators – if not secured, placed correctly or stood up and not supported sufficiently mats may fall over. Potential injuries: bruises, sprains, grazes or head injury. | 2 | 2 | **4** | Mats should be stored safely and away from the activity space when not in use. Storage should be checked to ensure stability at the end of every session or where applicable. Whilst moving and setting up mats, do not leave unattended leaning against walls or surfaces, move mat to required position immediately, or safely lay down out of the way until possible to move into position. | All trained club members, coaches and officials. |
| Coaches and participants | Zips or eyelets – if damaged, eyelets may protrude and graze either those setting up or those landing on the mats. The same is true for other fastenings that may be used (i.e. zips). Potential injuries: grazes or cuts. | 2 | 2 | **4** | Mats should be checked for damage or wear and tear before each use. If necessary, remove from use until repairs can be made. | All trained club members, coaches and officials. |
| Coaches and participants | Insufficient padding – reduces effectiveness of the mat for cushioning falls. Potential injuries: bruises, sprains, head injury or broken bones. | 3 | 2 | **6** | Mats should be checked for damage or wear and tear before each use. If necessary, remove from use until repairs can be made. | All trained club members and coaches. |
| **Push in mats** | Coaches and participants | Torn handles or surface – can be a trip hazard to participants landing on the mat, or a risk for twisted ankles. Can also affect proper use by the coach or spotter. Potential injuries: bruises, sprains, or broken bones. | 2 | 2 | **4** | Mats should be checked for damage or wear and tear before each use. If necessary, remove from use until repairs can be made. | All trained club members and coaches. |
| Participants, coaches, spectators. | Tripping hazard - Potential injuries: bruises, sprains, grazes, head injury or broken bones. | 2 | 3 | **6** | When not in use, push in mats should be placed in an area or position out of foot traffic areas to reduce likelihood of tripping. Push in mats should be safety checked for viability before each session and to make sure a uniform surface is intact. Alert those in attendance to location of mats as required. | All trained club members and coaches. |
| Coaches and participants | Insufficient padding – reduces effectiveness of the mat for cushioning falls. Potential injuries: bruises, sprains, head injury or broken bones. | 3 | 2 | **6** | Mats should be checked for damage or wear and tear before each use. If necessary, remove from use until repairs can be made. | All trained club members and coaches. |
| **Trampoline legs** | Participants, coaches, spectators. | Tripping hazard or falling onto the wheels - Potential injuries: bruises, sprains, grazes, head injury or broken bones. | 2 | 3 | **6** | When detached from the trampoline, wheels must be stored safely away from foot traffic areas or matted areas where participants may fall. Attention should be drawn to their location to prevent accidents as necessary. A specified storage area should be elected. | All trained club members, coaches and officials. |
| Participants, coaches, spectators. | Rolling over feet - Potential injuries: bruises, sprains, grazes or broken bones. | 2 | 2 | **4** | Footwear must be worn when wheeling trampolines or removed wheels anywhere and care taken to not connect with own feet. If necessary, clear the floor space that the equipment is to be wheeled over beforehand and alert members within the space if equipment is likely to pass nearby them. | All trained club members and coaches. |
| Coaches and participants | Lack of control during use – hands can be trapped in moving parts, improper control can lead to fast ascent of the lever bar, which can hit anyone too near it. Potential injuries: bruises, sprains, grazes, head injury or broken bones. | 3 | 2 | **6** | Wheels are only to be used in the process of folding or unfolding the trampoline by appropriately trained coaches or members with training supervised by qualified coaches. | All trained club members and coaches. |
| **Catching belt** | Coaches and participants | Grazes and entanglement – tightening of the belt during use can lead to scrapes and grazes both to the participant or coach using it. Potential injuries: grazes or bruises. | 2 | 2 | **4** | Belts are only to be used by appropriately trained coaches, and checked for viability before each use. Adjustment between each performance of the skill should also be carried out to minimise twisting or unnecessary tightening throughout use. | All trained club coaches. |
| **Overhead rig** | Coaches, spectators and participants | Grazes and entanglement in the ropes can occur during use. The belt can lead to bruising if a participant needs to be stopped by the rig. The ropes can also move around during use and strike anyone standing too closely to them. The ropes can run up and fall through the pulleys onto people below. The rig belt may fall from storage above onto people. Potential injuries: grazes or bruises | 2 | 2 | **4** | Rig should only be operated by trained coaches. Space surrounding the operator should be cleared to reduce risk of being struck with the ropes. | All club members, coaches and officials. |
| **Benches** | Coaches and participants. | Tripping hazard for coaches and spotters. Participants may also fall onto it, or trip on it when mounting or dismounting the trampoline. Potential injuries: bruises, sprains, grazes, head injury or broken bones. | 3 | 2 | **6** | Benches are to be kept away from the trampoline and training area and stored out of used or foot traffic areas. They are not to be used as a mounting or dismounting aid. | All club members, coaches and officials. |

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| **Structure** | **People at risk** | **Potential concerns** | **Severity** | **Likelihood** | **Risk Rating** | **Action to be taken** | **Responsibility for implementing actions** |
| **Room** | Participants | Appropriate height - room ceiling height should be 7 metres or higher for advanced performer safety, as stated in BG guidelines. Potential injuries: head injuries and uncontrolled falling or landing. | 3 | 2 | **6** | Visually check the room before each session to confirm lack of impediments or structural change. Height of room has been previously ensured to be sufficient. Ensure equipment placement is carried out properly, supervised by a coach or club member aware of requirements for spacing. Room has overhead hanging lights, which whilst above a safe height, should be avoided during set up. | All trained club members, coaches and officials. |
| Participants, spectators and coaches. | Appropriate width and length – room should be wide and long enough to accommodate all equipment and 2 metres of clearance from the sides of the trampoline. Potential injuries: bruises, sprains, grazes, cuts, head injury or broken bones. | 3 | 2 | **6** | Visually check the room before each session to confirm lack of impediments or structural change. Width and length of room has been previously ensured to be sufficient. Ensure equipment placement is carried out properly, supervised by a coach or club member aware of requirements for spacing. | All trained club members, coaches and officials. |
| **Fire Exits** | Participants, spectators and coaches. | Inadequate fire exits can lead to injury or fatality in case of fire. | 5 | 1 | **5** | Ensure there are adequate, working Fire Exits, and that they are kept clear of impediment. Equipment must not be positioned in a manner that limits access to them. This free access should be continuously assessed as the session goes on. A fire evacuation plan is available at the centre. It is the coach’s responsibility to lead evacuation in case of a fire and check against a register once assembled outside. The assembly point is the rear car park. | All trained club members, coaches and officials. |
| **Storage cupboard** | Participants, spectators and coaches. | Door to storage cupboard can be crashed into by falling participants, stepped or crashed into by spotters, coaches or participants. Inefficient storage can lead to falling items upon opening the cupboard which can injure anyone present. Possible injuries: bruises, sprains, grazes, cuts, head injury or broken bones. | 3 | 2 | **6** | Storage cupboard must be kept neat, and equipment stored in a tidy and secure manner. Layout of the cupboard should be regularly reviewed to ensure risk of moving of falling items is minimised. Safe storage should be ensured before closing the cupboard at the end of every use. | All trained club members, coaches and officials. |
| **Trampoline Cover** | N/A for this venue | N/A for this venue | N/A | N/A | N/A | N/A for this venue | N/A for this venue |
| **Shutter** | N/A for this venue | N/A for this venue | N/A | N/A | N/A | N/A for this venue | N/A for this venue |
| **Equipment placement** | Participants, spectators and coaches. | Inadequate spacing between any of the following can lead to collisions and injuries: mats and walls, trampolines and walls, trampolines and ceilings, end decks and walls, end decks and ceiling, trampolines and doors, floor mats and doors, crash mats and doors, end decks and doors, trampolines and other trampolines, trampolines and overhead rigs. Potential injuries: bruises, sprains, cuts, grazes, head injury or broken bones. | 3 | 2 | **6** | Ensure equipment placement follows spacing guidelines as set out by FIG. A diagram of required distances is on record by the club for reference in case of uncertainty. | All trained club coaches. |

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| **Participants** | **People at risk** | **Potential concerns** | **Severity** | **Likelihood** | **Risk Rating** | **Action to be taken** | **Responsibility for implementing actions** |
| **Warm up** | Participants | Lack of warm up – inadequate preparation for exercise increases the risk of injury to the participant. Potential injuries: bruises, sprains, grazes, cuts, or broken bones. | 3 | 2 | **6** | Warm ups should be enforced by the coach in charge of each session and supervised as necessary. | All trained club coaches. |
| Participants | Incorrect warm up - inadequate preparation for exercise increases the risk of injury to the participant. Potential injuries: bruises, sprains, grazes, cuts, or broken bones. | 3 | 2 | **6** | Warm ups should be designed by a suitably qualified coach and supervised as necessary. | All trained club coaches. |
| **Improper attire** | Participants and coaches | Jewellery – can catch on the trampoline and injure the performer, or can become caught on the coach during catching and injure the coach. Potential injuries: cuts, grazes, or ripped piercings. | 2 | 3 | **6** | Jewellery should be removed by all coaches and all participants prior to beginning the session. Any jewellery that cannot be removed must be entirely covered and secured in place by tape or by plasters. Acceptable reasons for not removed jewellery are subject to discretion of the coach in charge of the session. | All trained club members, coaches and officials. |
| Participants | Inadequate footwear – completely uncovered feet can lead to toe nails being caught in the web, pinching of skin if participant lands in the springs, grazes from the webbing itself and slipping. Potential injuries: grazes, cuts, or torn/removed nails. | 2 | 3 | **6** | Participants should wear adequate foot covering while participating in sessions. This includes but is not limited to socks or trampoline shoes. What constitutes adequate is decided at the discretion of the coach leading the session. | All trained club members, coaches and officials. |
| Participants | Hair left unsecured can obscure vision, increasing chances of injury or accident both to the participant, to a coach catching or supporting them, or to a spotter if they fall. Decorative hair items can catch on the equipment or coach and cause further injury. Potential injuries: bruises, sprains, grazes, cuts, head injury or broken bones. | 3 | 3 | **9** | Hair should be secured in such a way that it does not impair the vision whilst bouncing or spotting. Simple hairbands and clips are acceptable, but protruding clips or decorative items must be removed. | All trained club members, coaches and officials. |
| **Fatigue** | Participants | Fainting (from exhaustion or dehydration). Potential injuries: bruises, sprains, grazes, cuts, or head injury. | 2 | 2 | **4** | Adequate breaks must be given to all participants, and water must be available. | All club members. |
| Participants | Exhaustion – can lead to errors, lack in concentration leading to falls, or overtaxing of physical ability. Potential injuries: bruises, sprains or strains, uncontrolled skills leading to risk of fall. | 3 | 3 | **9** | Adequate breaks must be given to all participants, and water must be available. | All club members. |
| **Injury** | Participants and coaches | Pre-existing/chronic injuries or conditions. Potential for further injury or exacerbation of condition. | 3 | 2 | **6** | Medical forms to be collected for all new members and stored according to data protection guidelines. If coaches need to make concessions or be aware of anything, information necessary for safe teaching should be made available to them. | Trained club coaches or necessary officials (i.e. First Aid or Welfare officer). |
| Participants and coaches | Injuries sustained during training. Potential injuries: bruises, sprains, grazes, cuts, head injury or broken bones. | 3 | 3 | **9** | A qualified First Aider should be on site for all sessions. A list of First Aiders is available through the club where required. | All trained club members, coaches and officials. |
| Participants, spectators and coaches | Lack of adequate coaching supervision leading to dangerous use of equipment or lack of adherence to safe practice. Potential injuries: bruises, sprains, grazes, cuts, head injury or broken bones. | 3 | 2 | **6** | Sessions shall never be allowed to continue without adequately trained coaches in a ratio of 8:1 or less as advised by BG guidelines. | All trained club members, coaches and officials. |
| **Falls** | Participants and coaches | Falls onto the trampoline. Potential injuries: bruises, sprains, grazes, cuts, head injury or broken bones. | 3 | 3 | **9** | Use of a mat on the trampoline for skills in progress, catching by a coach for moves being learned with higher skill required, spotters in place throughout session with mat to push in where required. | All trained club members, coaches and officials. |
| Participants, spectators and coaches | Falls onto end decks or crash mats – if improperly attached and secured additional weight may detach from trampoline frame and lead to participant/coach falling to the ground or against the trampoline frame/springs. If mat is not in good condition, grazes can occur from seams or bruises due to insufficient padding. Potential injuries: bruises, sprains, cuts, grazes, head injury or broken bones. | 3 | 3 | **9** | End deck attachment to trampoline frame should be robustly checked for safety before beginning sessions. Mats should be checked and repositioned after every contact by participants or coaches as required. Viability of mats for a safe landing should be assessed every session, and mats should not be used if they do not meet criteria. Spotters in place throughout session with mat to push in where required. | All trained club members, coaches and officials. |
| Participants, spectators and coaches | Falling from the trampoline. Potential injuries: bruises, sprains, cuts, grazes, head injury or broken bones. | 3 | 3 | **9** | Enough spotters in place throughout session with mat to push in where required. | All trained club members, coaches and officials. |
| Participants and coaches | Falling into the springs – springs extend and contract with movement of weight on the trampoline, can pinch or cut those who land in them. In rare cases can trap limbs between two springs. Potential injuries: bruises, sprains, cuts, grazes, head injury or broken bones. | 2 | 3 | **6** | Before beginning each session ensure springs are fully covered by matting. Adjust matting as required to ensure this coverage during trampoline use. | All trained club members, coaches and officials. |
| **Spotting** | Participants, spectators and coaches | Spotters may be injured accidentally during catching or manipulating falling participants, if a participant lands on them, if the mat rebounds after use towards them, or if they slip at the side of the trampoline. Potential injuries: bruises, sprains, grazes, cuts, head injury or broken bones. | 3 | 2 | **6** | Spotters should be given instruction, guidance and support when they first join the club. For bigger or more complex skills being performed, more experienced spotters should be assigned. Check spotters confidence and competence regularly and provide practice where required. Make sure spotters can identify when it is safer for them to step back. | All trained club members, coaches and officials. |
| **Belongings of participants/ coaches/ spectators** | Participants, spectators and coaches | Tripping hazard - Potential injuries: bruises, sprains, grazes or broken bones. | 2 | 3 | **6** | Bags and belongings to be stored away from doorways and as close to walls as possible. Anything in an area of foot traffic must be immediately moved and no personal possessions are to be near trampolines. | All trained club members, coaches, officials and session observers. |

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| **Spectators** | **People at risk** | **Potential concerns** | **Severity** | **Likelihood** | **Risk Rating** | **Action to be taken** | **Responsibility for implementing actions** |
| **Belongings of participants/ coaches/ spectators** | Participants, spectators and coaches | Tripping hazard - Potential injuries: bruises, sprains, grazes, head injury or broken bones. | 2 | 3 | **6** | Bags and belongings to be stored away from doorways and as close to walls as possible. Anything in an area of foot traffic must be immediately moved and no personal possessions are to be near trampolines. Spectators are not permitted to watch training sessions except under extenuating circumstances (i.e. if a participant needs a carer present) subject to discretion of the coach leading the session. | All trained club members, coaches, officials and session observers. |
| **Equipment** | Participants, spectators and coaches | Tripping hazard - Potential injuries: bruises, sprains, grazes, head injury or broken bones. | 2 | 3 | **6** | Spectators are not permitted to watch training sessions except under extenuating circumstances (i.e. if a participant needs a carer present) subject to discretion of the coach leading the session. | All trained club members, coaches and officials. |
| **Obstruction of coaches** | Participants, spectators and coaches | Spectators may get in the way of coaches if they need to catch or mat. They may also interrupt or undermine coach’s instruction. Potential injuries: Tripping, grazes, sprains, grazes, head injury or broken bones. | 3 | 2 | **6** | Spectators are not permitted to watch training sessions except under extenuating circumstances (i.e. if a participant needs a carer present) subject to discretion of the coach leading the session. | All trained club members, coaches and officials. |
| **Distraction of participants** | Participants and coaches | Distraction can lead to falls or uncontrolled skills. It can also lead to participants not following coach’s instructions. Potential injuries: bruises, sprains, grazes, head injury, uncontrolled falls or broken bones. | 3 | 3 | **9** | Spectators are not permitted to watch training sessions except under extenuating circumstances (i.e. if a participant needs a carer present) subject to discretion of the coach leading the session. | All trained club members, coaches and officials. |

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| **Coaches** | **People at risk** | **Potential concerns** | **Severity** | **Likelihood** | **Risk Rating** | **Action to be taken** | **Responsibility for implementing actions** |
| **Spotting** | Participants, spectators and coaches | Spotters may be injured accidentally during catching or manipulating falling participants, if a participant lands on them, if the mat rebounds after use towards them, or if they slip at the side of the trampoline. Potential injuries: bruises, sprains, grazes, cuts, head injury or broken bones. | 3 | 2 | **6** | Spotters should be given instruction, guidance and support when they first join the club. For bigger or more complex skills being performed, more experienced spotters should be assigned. Check spotters confidence and competence regularly and provide practice where required. Make sure spotters can identify when it is safer for them to step back. | All trained club members, coaches and officials. |
| **Catching** | Participants and coaches | Potential injuries: bruises, sprains, grazes, cuts, head injury or broken bones. | 3 | 2 | **6** | Only to be carried out by appropriately trained coaches. | All trained club coaches. |
| **Hand supporting** | Participants and coaches | Potential injuries: bruises, sprains, grazes, cuts, head injury or broken bones. | 2 | 2 | **4** | Only to be carried out by appropriately trained coaches. | All trained club coaches. |
| **Aggressive behaviour** | Participants, spectators and coaches | In cases of conflict, behaviour can escalate to aggression. | 2 | 1 | **2** | All conflicts should be resolved outside of session time. Conversations should occur in public spaces and every effort should be made to de-escalate conflicts, and resolve calmly. Actual conflicts should be referred upward to appropriate official as soon as possible. | All trained club coaches and officials. |

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| **Other** | **People at risk** | **Potential concerns** | **Severity** | **Likelihood** | **Risk Rating** | **Action to be taken** | **Responsibility for implementing actions** |
| **Act of God (any God)** | Participants, spectators and coaches | Weather – cold weather can lead to unsafe training conditions due to stiffness of muscles and joints, warm weather can lead to overheating and dehydration. Potential injuries: sprains, broken bones, fainting, heat stroke and exhaustion. | 3 | 2 | **6** | Coaches review if temperatures are appropriate before each training session. It is at the discretion of the coach leading the session whether to continue. | All club members, coaches, officials and session observers. |
| Participants, spectators, coaches and others present. | Building collapse | 5 | 1 | **5** | Call Emergency services, and follow instructions. | All club members, coaches, officials and session observers. |
| Participants, spectators, coaches and others present. | Earthquake | 3 | 1 | **3** | In case of an earthquake, follow fire evacuation procedures where possible. Call Emergency services, and follow instructions. | All club members, coaches, officials and session observers. |
| Participants, spectators, coaches and others present. | Fire | 5 | 1 | **5** | Keep Fire Exits clear of impediment. Equipment must not be positioned in a manner that limits access to them. This free access should be continuously assessed. A fire evacuation plan is available at the centre. It is the coach’s responsibility to lead evacuation in case of a fire and check against a register once assembled outside. The assembly point is the front car park. Call Emergency services, and follow instructions. | All club members, coaches, officials and session observers. |
| Participants, spectators, coaches and others present. | Flooding | 2 | 1 | **2** | Follow evacuation procedures for fire if necessary. Call Emergency services, and follow instructions. | All club members, coaches, officials and session observers. |